



# ObesityHelp is coming to *Falls Church, Virginia*

**October 11th, 2008**

## Join us for fun, inspiration and more!

Join us for our upcoming one-day event at the Fairview Park Marriott! Celebrate how far you've come, make new friends and get energized for your journey!

### Member Meet-n-Greet: Friday night 7pm

Meet fellow attendees and support group members. Share your before/after pics, a favorite recipe or what you want to get out of the OH event. Details to come!

### Keynote Speakers:



#### Keynote Speaker:

**George Bitar, MD**

Dr. George J. Bitar is an award-winning board certified plastic surgeon and medical director of the Bitar Cosmetic Surgery Institute with offices in Fairfax, Manassas and Vienna, Virginia. Dr. Bitar will be giving free on-site private consultations.



#### Keynote Speaker:

**Merle Cantor Goldberg, PhD**

Dr. Goldberg is an expert psychotherapist and lecturer with expertise in the fields of bariatric surgery, eating disorders, obesity and weight control. She'll share some of the best methods for conquering food addiction, as well as gathering family and social support during and after WLS.

### Other Speakers Include:

Relationship Expert Kathleen Nickerson, Ph.D., WLS Post-op and Motivational Speaker Bo McCoy, Jeremy Gentles and others!

### Event Sponsors:

Lauren's Hope, Smart Forme Nutrition, Kay's Naturals, Specialty Cheese and Flourish the Journey.

**October 11, 2008** from 8AM - 5PM

Go to [obesityhelp.com/events](http://obesityhelp.com/events)  
to register

**Event Full Access - \$40**

Register Now! Use Code "Bitar08"  
for discount tickets!

**Event Location/Lodging**  
Fairview Park Marriott  
3111 Fairview Park Drive  
Falls Church, VA  
1-703-849-9400



**See some old friends and  
meet some NEW friends!**



#### Event Host:

**Jackie Thodos**

Jackie Thodos is a Gastric bypass post-op, ObesityHelp Support Group Leader and co-founder of Obesity Freedom.

**Don't miss our great prizes:**

- \$500 VISA Gift Cards!

- Lauren's Hope ID Bracelets!

- OH Goodie Baskets!

**FREE plastic surgery  
consultations will be available  
at this event!**